

Memory Application Assignment

Point of the Assignment: 1) To identify possible memorization strategies to try based on individual preferences and learning styles. 2) To gain practice in applying memorization techniques.

STEP 1: IDENTIFY POSSIBLE MEMORIZATION STRATEGIES:

Memorization Techniques:

You are going to select **a few** memory techniques you learned in Chapter 3. As always, be sure to only select the techniques that are helpful to you. The way to decide which techniques will be most helpful to you is to use what you have discovered about your preferred learning styles.

Recall what your learning style preferences and personality type are, then identify which of the 20 techniques listed in the book seem like they would use that learning style. For example, an “Auditory” learner (from Three Basic Learning Styles) might want to use “Recite and Repeat,” and a “Feeler” (personality) may want to “Engage Emotions”

To help you associate memory techniques to learning styles, the table listed below what looks like potential relationships between a memory technique and a learning style/personality type. Try them out and see what works.

<u>Memory Technique</u>	<u>Learning Style / Personality Preferences</u>
Organize It (Points 1 – 3)	Extraverted Thinking – ESTJ, ENTJ, ISTJ, INTJ
1) Be Selective (<i>decide what is important</i>)	Introverted Feeling – INFP, ISFP, ENFP, ESFP LSI Mode 1: Ask “Why?”
2) Make It Meaningful (<i>General to specific</i>)	INTuitives – (ENTJ, INTJ, INTP, ENTP, ENFJ, ENFP, INFJ, INFP), Mode 2- Ask “What?”
3) Create Associations	Extraverted iNtuition – ENFP, ENTP, INTP, INFP
4) Learn Actively	Kinesthetic, Artisans
6) Create Pictures	Visual
7) Recite and Repeat	Auditory, Guardians
8) Write It Down	Kinesthetic, Linguistic Intelligence
9) Engage Your Emotions	Feelers (ENFJ, ENFP, INFJ, INFP, ESFJ, ISFJ, ESFP, ISFP), Mode 1 of the LSI
10) Overlearn	Rationals (ENTJ, INTJ, ENTP, INTP)
13) Distribute Learning (<i>requires planning</i>)	Judging types – ESTJ, ESFJ, ISTJ, ISFJ, ENFJ, INFJ, ENTJ, INTJ

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15) Elaborate (learn more, explain more, give more detail)	Thinking Types (ESTJ, ISTJ, ISTP, ESTP, ENTJ, INTJ, ENTP, INTP) Sensory Types (ESTJ, ESTP, ISTJ, ISTP, ESFJ, ESFP, ISFJ, ISFP)
17) Remember Something Else (<i>Something associated with it</i>)	Extraverted iNtuition -- ENFP, ENTP, INTP, INFP
19) Use It Or Lose It	Sensing Types - ESTJ, ESFJ, ISTJ, ISFJ, ESTP, ESFP, ISTP, ISFP
20) Adopt the Attitude That You Never Forget (<i>anticipating gaining knowledge</i>)	Rationals: ENTJ, ENTP, INTJ, INTP
Q-Cards	Thinking Types (ESTJ, ISTJ, ISTP, ESTP, ENTJ, INTJ, ENTP, INTP) Visual, Auditory
Set a Trap For Your Memory	Extraverted iNtuition – ENFP, ENTP, INTP, INFP
<u>Mnemonic Devices:</u> New Words	Linguistic Intelligence, Creative types in general, LSI Mode 4, “What if...”
Creating Sentences	Linguistic Intelligence, Sensory Types, LSI Mode 4, “What if...”
Rhymes and Songs	Musical Intelligences, LSI Mode 4, “What if...”
The Loci System	Extraverted iNtuition – ENFP, ENTP, INTP, INFP
The Peg System	Visual, Logical/Mathematical Intelligence
Remembering Names	Extraverted Types: (ESTJ, ESTP, ESFJ, ESFP, ENFJ, ENFP, ENTJ, ENTP)

STEP 2: APPLY MEMORIZATION STRATEGIES:

Review Prior Learning

We are now half way through the class. So far, you have learned quite a few new concepts designed to help you succeed in school. Some of the subjects you have learned about are:

Three Sensory Learning Styles

Motivation

Maslow’s Hierarchy of Needs Theory

The Five Love Languages

Dream Chasers & Goal Setter’s Journey

Boundaries

TimeLine

Puzzle Hunt

Choose one of those assignments that was especially meaningful to you personally. No two people from the same group may choose the same assignment. (There are 8 from which to choose.)

My Assignment to present is: _____

Applying Memory Techniques

You are going memorize certain aspects of that assignment and then share them orally to your group members in the next class meeting. You will use the “Memory Assignment

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Profile” document with the individual sheet that corresponds to your topic. It gives you what information you are going to share with the class. You will not have any visual or other aids to help you recall the information, and **you must be able to recite, word-for-word, THE ENTIRE text from memory.** Everyone will all have a copy of that information to help you along and to see how well you do.

In Chapter 3, you have learned about how to improve your memory. As you learned in the Memory Jungle, the secret to your ability to read, remember and recall information is: 1) **To create a well-worn path** (walk over it repeatedly), 2) **Create a herd of thoughts** (associate similar items), 3) **Turning your back** (failure to repeat it results in losing it), and 4) **You are directing the traffic** (You direct the herds of animals and tell them where to go).

You are doing this exercise is so you can apply memorization techniques to what you have already learned in class. Remember, one of the major concepts behind memorization is repetition. The more you repeat a concept, the more likely it will stay in your long-term memory. The better path you have created to the information, the more likely you will be able to recall it – especially under stressful circumstances such as test taking and giving speeches. Another side benefit is that you will be all giving each other an opportunity to review the work we have done thus far.

Keep in mind you are not required to use the techniques listed above if they are reportedly associated with one of your learning styles or personality. This list has only been provided to help students to learn how to associate memory techniques with learning styles. So be sure to make your own decision about which techniques to try.

To keep things simple, try to identify no more than four memorization techniques that might potentially suit your learning styles. Then use a “trial and error” method to decide which techniques work best for you. Narrow down the list until you think you have the right amount of memorization techniques to use. You will use those techniques to help you memorize the important points behind the concept you have chosen to present.

I am using the following memorization techniques to memorize my assignment. (*List the heading name and the page number*):

How did the techniques you used affect your ability to memorize and recall the information?

Test your understanding:
What is the main point of this assignment?

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Why were you expected to do this exercise?

What type of person would need to do this exercise?

How well do you fit the profile of the person for whom this assignment was created?

Reflection: *(Write down your response after completing this assignment.)*
