

C. Arts and Humanities (6 units): Two courses (6 units) minimum with at least one course from Arts (C-1) <u>AND</u> one course from Humanities (C-2)					C	IP	N
C-1: Arts – Select one course (3 units):							
AHIS 1	Understanding the Visual Arts (3)	AHIS 14	Rome: The Ancient City (3)	MUS 7	Fundamentals of Music (3)		
AHIS 3	History of Women and Gender in Art (3)	AHIS 15	Culture and Art of Pompeii (3)	MUS 11A	Music Literature Survey (3)		
AHIS 3H	History of Women in Art - H (3)	ARCH 250	World Architecture I (3)	MUS 11B	Music Literature Survey (3)		
AHIS 4	Prehistoric-Gothic Art (3)	ARCH 251	World Architecture II (3)	MUS 12	History of Jazz (3)		
AHIS 4H	Prehistoric-Gothic Art - H (3)	ARTB 1	Understanding the Visual Arts(3)	MUS 13	Introduction to Music Appreciation (3)		
AHIS 5	Renaissance to Modern (3)	ARTB 14	Basic Studio Arts (3)	MUS 13H	Introduction to Music Appreciation - H (3)		
AHIS 5H	Renaissance to Modern - H (3)	ARTD 15A	Drawing: Beginning (3)	MUS 14A	World Music (3)		
AHIS 6	History of Modern Art (3)	ARTD 20	Design: Two-Dimensional (3)	MUS 14B	American Folk Music (3)		
AHIS 6H	History of Modern Art - H (3)	ARTD 25A	Beginning Painting I (3)	MUS 15	Rock Music History & Appreciation (3)		
AHIS 8	Medieval Art and Architecture (3)	ARTG 20	Art, Artists and Society (3)	MUS 15H	Rock Music History & Appreciation - H (3)		
AHIS 9	Asian Art and Architecture (3)	ARTS 22	Design: Three-Dimensional (3)	PHOT 15	History of Photography (3)		
AHIS 10	Greek/Roman Art & Architect (3)	ARTS 30A	Ceramics: Beginning I (3)	SPCH 4	Performance of Literature (3)		
AHIS 11	African and Native American Art (3)	ARTS 40A	Sculpture: Beginning (3)	THTR 9	Introduction to Theater Arts (3)		
AHIS 12	Pre-Columbian Art & Architecture (3)	DN-T 20	Appreciation of Dance (3)	THTR 10	History of Theater Arts (3)		
AHIS 12H	Pre-Columbian Art & Architecture - H (3)	ID 14	Furniture and Decorative Arts (3)	THTR 11	Principles of Acting (3)		
C-2: Humanities – Select one course (3 units):							
ARAB 1	Elementary Arabic (4)	* HIST 31	History of the African American (3)	LIT 36	Introduction to Mythology (3)		
ARAB 2	Continuing Elementary Arabic (4)	* HIST 35	History of Africa (3)	LIT 40	Children's Literature (3)		
CHIN 1	Elementary Chinese (4)	* HIST 36	Women in American History (3)	LIT 46	The Bible as Literature: Old Testament (3)		
CHIN 2	Continuing Elementary Chinese (4)	* HIST 39	California History (3)	LIT 47	The Bible as Literature: New Testament (3)		
CHIN 3	Intermediate Chinese (4)	* HIST 40	History of the Mexican American (3)	PHIL 5	Introduction to Philosophy (3)		
CHIN 4	Continuing Intermediate Chinese (4)	HUMA 1	The Humanities (3)	PHIL 5H	Introduction to Philosophy - H (3)		
ENGL 1B	English – Intro. to Literary Types (3)	ITAL 1	Elementary Italian (4)	PHIL 12	Introduction to Ethics (3)		
ENGL 1BH	English – Intro. to Literary Types - H (3)	ITAL 2	Continuing Elementary Italian (4)	PHIL 12H	Introduction to Ethics - H (3)		
FRCH 1	Elementary French (4)	ITAL 3	Intermediate Italian (4)	PHIL 15	Major World Religions (3)		
FRCH 2	Continuing Elementary French (4)	ITAL 4	Continuing Intermediate Italian (4)	PHIL 15H	Major World Religions - H (3)		
FRCH 3	Intermediate French (4)	ITAL 60	Italian Culture through Cinema (3)	PHIL 20A	History of Ancient Philosophy (3)		
FRCH 4	Continuing Intermediate French (4)	JAPN 1	Elementary Japanese (4)	PHIL 20AH	History of Ancient Philosophy - H (3)		
FRCH 60	French Culture Through Cinema (3)	JAPN 2	Continuing Elementary Japanese (4)	PHIL 20B	History of Modern Philosophy (3)		
GERM 1	Elementary German (4)	JAPN 3	Intermediate Japanese (4)	PHIL 20BH	History of Modern Philosophy - H (3)		
GERM 2	Continuing Elementary German (4)	JAPN 4	Continuing Intermediate Japanese (4)	* POLI 5	Political Theory I (3)		
GERM 3	Intermediate German (4)	JAPN 5	Advanced Japanese (4)	* POLI 7	Political Theory II (3)		
* HIST 1	History of the United States (3)	LATN 1	Elementary Latin (4)	SIGN 101	American Sign Language 1 (4)		
* HIST 3	World History: to 1500 (3)	LATN 2	Continuing Elementary Latin (4)	SIGN 101H	American Sign Language 1 - H (4)		
* HIST 3H	World History to 1500 - H (3)	LIT 1	Early American Literature (3)	SIGN 102	American Sign Language 2 (4)		
* HIST 4	World History Since 1500 (3)	LIT 2	Modern American Literature (3)	SIGN 103	American Sign Language 3 (4)		
* HIST 4H	World History Since 1500 - H (3)	LIT 3	Multicultural American Literature (3)	SIGN 104	American Sign Language 4 (4)		
* HIST 7	History of the United States to 1877 (3)	LIT 6A	Survey of English Literature (3)	SIGN 202	American Deaf Culture (3)		
* HIST 7H	History of the US to 1877 - H (3)	LIT 6B	Survey of English Literature (3)	SPAN 1	Elementary Spanish (4)		
* HIST 8	History of the US from 1865 (3)	LIT 10	Survey of Shakespeare (3)	SPAN 2	Continuing Elementary Spanish (4)		
* HIST 8H	History of the US from 1865 - H (3)	LIT 11A	World Literature to 1650 (3)	SPAN 3	Intermediate Spanish (4)		
* HIST 10	History of Premodern Asia (3)	LIT 11B	World Literature from 1650 (3)	SPAN 4	Continuing Intermediate Spanish (4)		
* HIST 11	History of Modern Asia (3)	LIT 14	Introduction to Modern Poetry (3)	SPAN 11	Spanish for the Spanish Speaking (4)		
* HIST 16	The Wild West History, 1800-1890 (3)	LIT 15	Introduction to Cinema (3)	SPAN 12	Cont. Span. for the Span. Speaking (4)		
* HIST 19	History of Mexico (3)	LIT 20	African American Literature (3)				
* HIST 30	Hist. of African Amer. 1619-1877 (3)	LIT 25	Contemporary Mexican Amer. Lit. (3)				
D. Social, Political and Economic Institutions (6 units): Two courses (6 units) with at least a course from D1 <u>AND</u> at least one course from D2							
D-1: U.S. History & American Institutions (Select one course):							
* HIST 1	History of the United States (3)	* HIST 30	History of African Amer. 1619-1877 (3)	POLI 1	Political Science (3)		
* HIST 7	History of the United States to 1877 (3)	* HIST 31	History of the African American (3)	POLI 1H	Political Science - H (3)		
* HIST 7H	History of U.S. to 1877 - H (3)	* HIST 36	Women in American History (3)	POLI 25	Latino Politics in the United States (3)		
* HIST 8	History of the US from 1865 (3)	* HIST 40	History of the Mexican American (3)	POLI 35	African American Politics (3)		
* HIST 8H	History of the US from 1865 - H (3)						
D-2: Elective course (Select one course):							
AGAG 1	Land Use & Politics--GP (3)	* HIST 3	World History to 1500 (3)	* PSYC 15	Introduction to Child Psychology (3)		
ANTH 3	Archaeology (3)	* HIST 3H	World History to 1500 - H (3)	PSYC 19	Abnormal Psychology (3)		
ANTH 4	Archaeology (3)	* HIST 4	World History since 1500 (3)	* PSYC 25	The Psychology of Women (3)		
ANTH 5	Cultural Anthropology (3)	* HIST 4H	World History since 1500 - H (3)	R-TV 01	Introduction to Electronic Media (3)		
ANTH 22	General Cultural Anthropology (3)	* HIST 10	History of Premodern Asia (3)	SOC 1	Sociology (3)		
ANTH 30	The Native American (3)	* HIST 11	History of Modern Asia (3)	SOC 1H	Sociology - H (3)		
BUSC 1A	Principles of Economics/Macro. (3)	* HIST 16	The Wild West History, 1800-1890 (3)	SOC 2	Contemporary Social Problems (3)		
BUSC 1AH	Principles of Economics/Macro. - H (3)	* HIST 19	History of Mexico (3)	SOC 2H	Contemporary Social Problems - H (3)		
BUSC 1B	Principles of Economics/Micro. (3)	* HIST 35	History of Africa (3)	SOC 4	Introduction to Gerontology (3)		
BUSC 1BH	Principles of Economics/Micro. - H (3)	* HIST 39	California History (3)	SOC 5	Introduction to Criminology (3)		
CHLD 1	Child, Family, and Community (3)	HIST 44	History of Native Americans (3)	SOC 5H	Introduction to Criminology - H (3)		
* CHLD 10	Child Growth & Development (3)	JOUR 100	Introduction to Mass Media (3)	SOC 14	Marriage and the Family (3)		
* CHLD 10H	Child Growth & Development - H (3)	JOUR 107	Race, Culture, Sex, and Media (3)	SOC 14H	Marriage and the Family - H (3)		
* CHLD 11	Child & Adolescent Development (3)	POLI 2	Comparative Politics (3)	* SOC 15	Child Development (3)		
* FASH 14	Dress, Culture, and Identity (3)	* POLI 5	Political Theory I (3)	SOC 20	Sociology of Ethnic Relations (3)		
GEOG 2	Human Geography (3)	* POLI 7	Political Theory II (3)	SOC 20H	Sociology of Ethnic Relations - H (3)		
GEOG 2H	Human Geography - H (3)	POLI 9	Intro. to International Relations (3)	SPCH 7	Intercultural Communication (3)		
GEOG 5	World Regional Geography (3)	POLI 10	Environmental Politics (3)	SPCH 7H	Intercultural Communication - H (3)		
GEOG 8	The Urban World (3)	PSYC 1A	Introduction to Psychology (3)	* SPCH 26	Interpersonal Communication (3)		
GEOG 30	Geography of California (3)	PSYC 1AH	Introduction to Psychology - H (3)	* SPCH 26H	Interpersonal Communication - H (3)		
GEOG 30H	Geography of California - H (3)	* PSYC 14	Developmental Psychology (3)	SPCH 30	Gateway to Communication Studies (3)		
E. Lifelong Understanding and Self-Development (3 units): Select one course from the following:							
AD 3	Chemical Dependency (3)	COUN 5	Career/Life Planning (3)	* PSYC 14	Developmental Psychology (3)		
BIOL 5	Contemporary Health Issues (3)	FCS 41	Life Management (3)	* PSYC 15	Introduction to Child Psychology (3)		
BIOL 13	Human Repro., Develop & Aging (3)	KIN 34	Fitness for Living (3)	* PSYC 25	The Psychology of Women (3)		
BIOL 15	Human Sexuality (3)	LEAD 55	Exploring Leadership (3)	PSYC 26	Psychology of Sexuality (3)		
BIOL 15H	Human Sexuality - H (3)	NF 10	Nutrition for Personal Health (3)	PSYC 33	Psychology for Effective Living (3)		
BIOL 24	Introduction to Public Health (3)	NF 12	Sports Nutrition (3)	* SOC 15	Child Development (3)		
* CHLD 10	Child Growth & Development (3)	NF 25	Essentials of Nutrition (3)	* SPCH 26	Interpersonal Communication (3)		
* CHLD 10H	Child Growth & Development - H (3)	NF 25H	Essentials of Nutrition - H (3)	* SPCH 26H	Interpersonal Communication - H (3)		
* CHLD 11	Child & Adolescent Development (3)	NF 28	Cultural and Ethnic Foods (3)				

LEGEND:
 * = Courses may not be double counted to satisfy more than one area
Bold = Courses without prerequisites

H = Honors Courses
 Numbers in brackets (3), (4), (5) indicate units per class
 C = Completed Course(s); IP = In Progress Course(s); N = Needed Course(s)