Beckwith and Morrow (2005) conducted a study that examined the factors of religiosity and spirituality to determine their impact on the sexual attitude of college students with the hypothesis that: religiosity would be correlated with more conservative sexual attitudes, individuals who tended to be more spiritually involved or possess qualities that define them as “spiritual”, would exhibit more conservative attitudes about sex, and lastly that religiosity and spirituality would be positively related.

The data was collected using scantrons, surveys, along with the Duke Religion Scale (RS), the Spiritual Involvement and the Beliefs Scale (SIBS) and the Sexual Attitude Scale but required a signed consent form because of ethical considerations. The sample consisted of 91 male/239 female undergraduates from a southeastern doctoral university of which 54% were Caucasian and 34% were Black/African American. Using descriptive statistics and frequency distributions the results were: a negative correlation between religiosity and sexual attitudes using the Pearson r correlations and supporting hypothesis 1, individuals spiritually involved exhibited conservative attitudes about sex in regards to sexual practices, permissive sexual attitudes, and instrumentality but not communion in the relationship which was found using 4 standard multiple regressions and supporting hypothesis 2, lastly supporting hypothesis 3 and using Pearson r correlations revealed a positive relationship between religiosity and spirituality. The limitations of this study were that the sample was not representative of the population, and that (RS) was highly correlated with a part of the (SIBS). This study implicates that religiosity is negatively correlated with a liberal attitudes about sex and that one’s spirituality is highly correlated with having more conservative sexual attitudes which is important for people who work with youth to know so they could prevent them from engaging in risky sexual behavior. Beckwith, H.D. & Morrow, J.A. (2005). Sexual attitudes of college students: The impact of religiosity and spirituality. *College Student Journal*, 39(2), 357-366.