## Myers-Briggs Personality Type Inventory (MBTI) / Keirsey Temperament Matrix

Mentor	Crusader	Dependable Producer	Loyal Provider
<u>INFJ</u>	<u>INFP</u>	<u>ISTJ</u>	<u>ISFJ</u>
Introverted iNtuition	Introverted Feeling	Introverted Sensing	Introverted Sensing
"Computer" (IJ)	"Wanderer" (IP)	"Computer" (IJ)	"Computer" (IJ)
Idealists (NF)		Guardians (SJ)	
(Relational)		(Industrious)	
Charismatic Leader	Playful	Maintain Order	Social Team
<u>ENFJ</u>	<b>ENFP</b>	<u>ESTJ</u>	<b>ESFJ</b>
Extraverted Feeling "Mountain Climber" (EJ)	Extraverted iNtuition  "Bungee Jumper" (EP)	Extraverted Thinking "Mountain Climber" (EJ)	<u>Extraverted Feeling</u> "Mountain Climber" (EJ)
Mastermind	Problem Solver	Troubleshooter	Meticulous
<u>INTJ</u>	<u>INTP</u>	<u>ISTP</u>	<u>ISFP</u>
<u>Introverted iNtuition</u>	Introverted Thinking	Introverted Thinking	Introverted Feeling
"Computer" (IJ)	"Wanderer" (IP)	"Wanderer" (IP)	"Wanderer" (IP)
Rationals (NT) (Intellectual)		Artisans (SP) (Skillful)	
Visionary Leader	Debater	Crisis Manager	Full of Life
<u>ENTJ</u>	<u>ENTP</u>	<u>ESTP</u>	<u>ESFP</u>
Extraverted Thinking	Extraverted iNtuition	Extraverted Sensing	Extraverted Sensing
"Mountain Climber" (EJ)	"Bungee Jumper" (EP)	"Bungee Jumper" (EP)	"Bungee Jumper" (EP)

Adapted from:

Myers, I.B., & Myers, P.B., (1995). Gifts differing: Understanding personality type. Palo Alto, CA: Davies-Black. Keirsey, D. & Bates, M., (1998). Please understand me II. Del Mar, CA: Prometheus Nemesis. Ditiberio, J. K. & Hammer, A. L. (1993). Introduction To Type In College. Palo Alto, CA: CPP, Inc.

## Self-Awareness: MBTI Tomparament Descriptions

Tend to be arrogant/egotistical

Self-Awareness: MBTI <u>Temperament Descriptions</u>				
iNtuition		Sensing		
Idealists NF (iNtuitive Feeling)		Guardians SJ (Sensing Judging)		
Characteristics  Empathetic Seek meaning and purpose Seek identity Value authentic communication What Drives Them  Meaning and significance – Need to feel that their life matters and has a purpose Unique Identity – Need to feel each person is special  Common Weaknesses  May be hypersensitive, taking things too personally Tend to have difficulty setting boundaries with others.  Co-dependency May tend to put others on a pedestal May have difficulty accepting weakness in others	Natural Talents  Comfortable with intimacy Diplomatic Talk and listen empathetically Creative Visionary Realize ideals Reveal the truth Will crusade for an issue What They Value Ethics and morality Authenticity Idealized and meaningful world Self-actualization Cooperative interaction Unity Empathic relationship  Stressors Insincerity	Characteristics <ul> <li>A need to belong</li> <li>Need to be responsible</li> <li>Motivated by duty/service</li> <li>Obeys rules and laws</li> <li>Usually very moral people</li> <li>Caretaker of others</li> <li>Belief in hierarchy</li> </ul> <li>What Drives Them         <ul> <li>Be a member of a larger social unit</li> <li>Need to be responsible</li> <li>Sense of duty</li> </ul> </li> <li>Common Weakness         <ul> <li>Tend to over extend and over work themselves</li> <li>Overly concerned with rules and regulations</li> <li>Want to control others</li> <li>Resistant to change</li> <li>Pessimistic</li> </ul> </li>	Natural Talents  Efficient Cautious/industrious Stabilizers of society Logistics Tradition Keeping the law Dependable Accept authority Follow the rules Conserve resources What They Value Rules and regulations Conformity Preserve Social Group Security Hierarchy/procedures Stability Group/Bonding Relationships  Stressors Insubordination	
	Natural Talents  Design, invent, engineer, coordinate Strategic thinking Logical and reasoned Analyze, categorize and theorize Make progress towards a vision Systems thinking What They Value Concepts and ideas Progress Ultimate truth theory Intelligence Arriving at truth through scientific methods Logical consistency Expert relationships  Stressors Incompetence	Artisa SP (Sensing Policy Characteristics Impulsive Want action Seek freedom Adaptable Improvise well Spontaneous What Drives Them Freedom to act on impulse Ability to make an impact Common Weakness May not concern themselves with obeying rules and laws Tend to not plan for the future May not think in terms of cause and effect May have difficulty accepting responsibility for past actions May be driven by physical		
own good  Tend to be arrogant/	- meompetence	impulses and desires	Boredom	

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Lack of action