

STDY 80: Studying and Learning  
**Spring, 2013: 2/27/13 – 6/16/13**  
M - W 4:45pm – 6:10 p.m. Ref #41534  
Professor: Kathleen High  
**Weekly Assignments**

<u>Week</u>	<u>Date</u>	<u>Lesson/Discussion Topic</u> (What we will be discussing/doing in class this day)	<u>Assignments Due This Day</u> (Turn in these assignments listed below at the beginning of class)
<u>1</u>	Mon 2/25/13	<ul style="list-style-type: none"> <li>• <b>Reflection: Pre-Test - Article Response</b></li> <li>• Introductions</li> <li>• Syllabus &amp; Class Goals</li> <li>• Assignment Checklist</li> <li>• Required Expenses</li> <li>• <b>Student Profile</b></li> <li>• <b>Homework Time Commitment</b></li> <li>• Video: Student Testimonials</li> </ul>	Complete In Class: <ul style="list-style-type: none"> <li>• <b>Pre-Test: Article Response</b></li> <li>• <b>Student Profile</b></li> </ul>
	Wed 2/27/13	<ul style="list-style-type: none"> <li>• <b>Student Information Resources</b></li> <li>• <b>Student Policies</b></li> <li>• <b>Long-Term Planner</b></li> <li>• <b><u>Section 1: Understanding Learning</u></b></li> <li>• <b>Textbook Reconnaissance</b></li> <li>• <b>Learning Pyramid</b></li> <li>• <b>Brain-based Learning</b></li> <li>• <b>Wounded by School</b></li> <li>• Video: Changing Education Paradigms</li> </ul>	<ul style="list-style-type: none"> <li>• <b>Homework Time Commitment</b></li> <li>• Purchase: Book and supplies</li> <li>• Prepare Binder</li> </ul>
<u>2</u>	Mon 3/4/13	<ul style="list-style-type: none"> <li>• <b>Vocabulary Building (EC)*</b> (Found in “Academic Skills” section on website) – due end of semester</li> <li>• <b><u>Section 2: Self Awareness Learning Styles Inventories:</u></b></li> <li>• <b>3 Sensory Learning Styles</b></li> <li>• <b>Multiple Intelligences (EC)*</b></li> <li>• Take MBTI</li> </ul>	<ul style="list-style-type: none"> <li>• <b>Student Information Resources</b></li> <li>• <b>Student Policies</b></li> <li>• <b>Long-Term Planner</b></li> <li>• <b>Textbook Reconnaissance (Exercise #1 - P.1 from book)</b></li> <li>• <b>Brain-Based Learning Assignment</b></li> <li>• <b>Wounded by School</b></li> <li>• <b>MBTI (Completed in class)</b></li> </ul>
	Wed 3/6/13	<b><i>Self &amp; Environmental Influences</i></b> <ul style="list-style-type: none"> <li>• <b>Maslow’s Hierarchy of Needs</b></li> <li>• <b>Culture, Education &amp; Unspoken Expectations</b></li> </ul>	<ul style="list-style-type: none"> <li>• <b>3 Sensory Learning Styles</b></li> <li>• <b>Multiple Intelligences (EC)*</b></li> </ul>

*\*(EC): Extra Credit - Optional. Download assignment from instructor’s website - <http://faculty.mtsac.edu/khigh/>*

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<u>3</u>	Mon 3/11/13	<b>Last day to Withdraw without a “W” on your permanent record.</b>	
	Mon 3/11/13	<b>Values:</b> <ul style="list-style-type: none"> <li>• <b>Motivation</b></li> <li>• <i>Article: Worst Paying Degrees</i></li> <li>• <b>Success</b></li> <li>• <i>Article: Saying “No”</i></li> <li>• <b>Generational Values</b></li> <li>• <b>Values Survey</b></li> </ul>	<ul style="list-style-type: none"> <li>• <b>Maslow’s Hierarchy of Needs</b></li> <li>• <b>Culture &amp; Education</b></li> </ul>
	Wed 3/13/13	<ul style="list-style-type: none"> <li>• <b>True Self</b></li> <li>• <b>Health and Wellness</b></li> <li>• <b>Common Sense (EC)*</b></li> </ul>	<ul style="list-style-type: none"> <li>• <b>Motivation</b></li> <li>• <b>Success</b></li> <li>• <b>Generational Values</b></li> <li>• <b>Values Survey</b></li> </ul>
<u>4</u>	Mon 3/18/13	Assigned new seating <b>Myers Briggs (MBTI)</b> <b>Interpretation:</b> <ul style="list-style-type: none"> <li>• Keirsey Temperaments</li> <li>• <b>MBTI</b></li> </ul>	<ul style="list-style-type: none"> <li>• <b>True Self</b></li> <li>• <b>Health and Wellness</b></li> </ul>
	Wed 3/20/13	<b>MBTI Interpretation: (Cont’d)</b> <ul style="list-style-type: none"> <li>• Dominant Functions</li> <li>• Decision-Making Styles</li> <li>• <b>MBTI Best Fit</b></li> </ul>	<ul style="list-style-type: none"> <li>• Read MBTI material received and process information</li> </ul>
<u>5</u>	Mon 3/25/13	<b>Self Awareness - Final</b> <ul style="list-style-type: none"> <li>• Paradigm Shift</li> <li>• Managing Life’s Transitions</li> </ul> <b>Section 3: Self Direction</b> <b>Goal Setting</b> <ul style="list-style-type: none"> <li>• Self-Direction Check In</li> <li>• <b>Time Line</b></li> </ul>	<ul style="list-style-type: none"> <li>• <b>MBTI Best Fit (Contact professor if having difficulty with this)</b></li> </ul>
	Wed 3/27/13	<b>Section 2: Self Direction</b> <b>Goal Setting (cont’d)</b> <ul style="list-style-type: none"> <li>• Dream Chaser’s &amp; Goal Setter’s <b>Journey</b></li> <li>• <b>Setting Goals Effective Goals</b></li> <li>• <b>Reaching Career Goals</b></li> </ul>	<ul style="list-style-type: none"> <li>• <b>Paradigm Shift</b></li> <li>• <b>Managing Life’s Transitions</b></li> <li>• <b>Time Line</b></li> </ul>
<u>6</u>	Mon 4/1/13	<ul style="list-style-type: none"> <li>• <b>Rapidly-Changing World</b></li> <li>• Transferrable Skills (EC)*</li> </ul> <b>Priority Setting</b> <ul style="list-style-type: none"> <li>• <i>Article: “Overworked Mom”</i></li> <li>• <b>Discerning Seasons</b></li> <li>• <b>Covey’s Quadrants</b></li> </ul>	<ul style="list-style-type: none"> <li>• <b>Dream Chaser’s &amp; Goal Setter’s Journey</b></li> <li>• <b>Setting Effective Goals</b></li> <li>• <b>Reaching Career Goals</b></li> </ul>

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	Wed 4/3/13	<b>Priority Setting (Cont'd)</b> <ul style="list-style-type: none"> <li>• Priority Clarification</li> <li>• Priorities &amp; Goals Alignment</li> </ul> <b>Relationship Management</b> <ul style="list-style-type: none"> <li>• Boundaries</li> <li>• Boundaries Case Study</li> </ul>	<ul style="list-style-type: none"> <li>• Rapidly-Changing World</li> <li>• Transferrable Skills (EC)*</li> <li>• Discerning Seasons</li> <li>• Covey's Quadrants</li> </ul>
<u>7</u>	Mon 4/8/13	<b>Relationship Management (Cont'd)</b> <ul style="list-style-type: none"> <li>• Love Languages</li> <li>• Responsible Helper</li> </ul>	<ul style="list-style-type: none"> <li>• Priority Clarification</li> <li>• Priorities &amp; Goals Alignment</li> <li>• Boundaries</li> </ul>
	Wed 4/10/13	<ul style="list-style-type: none"> <li>• Hidden Rules</li> <li>• Faculty Relations</li> </ul>	<ul style="list-style-type: none"> <li>• Love Languages</li> <li>• Responsible Helper</li> <li>• Boundaries Case Study</li> </ul>
<u>8</u>	Mon 4/15/13	<b>Time Management</b> <ul style="list-style-type: none"> <li>• Time Monitor</li> <li>• Time - Choice</li> <li>• Procrastination</li> <li>• Time - Final</li> <li>• Introduce Paper #1</li> <li>• Test 1 Review</li> </ul>	<ul style="list-style-type: none"> <li>• Hidden Rules</li> <li>• Faculty Relations</li> <li>• Prepare for Test 1 – (Hold on to homework &amp; use for studying)</li> <li>• Identify Paper #1 Partner</li> </ul>
	Wed 4/17/13	<b>Self-Direction Wrap Up</b> <ul style="list-style-type: none"> <li>• Puzzle Hunt</li> </ul>	<ul style="list-style-type: none"> <li>• Time - Choice</li> <li>• Procrastination</li> <li>• Time - Final</li> </ul>
<u>9</u>	Mon 4/22/13	<ul style="list-style-type: none"> <li>• Stress Management Techniques</li> <li>• <b><u>Test 1</u></b></li> </ul> <b>Section 4: Academic Skills</b> <b>Critical Thinking:</b> <ul style="list-style-type: none"> <li>• Main Point</li> </ul>	<ul style="list-style-type: none"> <li>• Puzzle Hunt A - Instructions</li> <li>• Puzzle Hunt B - Lecture</li> <li>• Turn in all homework held for Test 1</li> <li>• Bring Scantron #882-E</li> <li>• Time Monitor</li> <li>• Paper #1: 3 theories identified &amp; start writing first draft outside of class time</li> </ul>
	Wed 4/24/13	<b>Critical Thinking (cont'd):</b> <ul style="list-style-type: none"> <li>• Open-Ended Questions</li> <li>• Bloom's Taxonomy</li> </ul>	<ul style="list-style-type: none"> <li>• Main Point</li> </ul>
<u>10</u>	Mon 4/29/13	<b>Memory/Concentration</b> <ul style="list-style-type: none"> <li>• Chapter 3 - Memory</li> <li>• Memory Application Assignment</li> <li>• Memory Movie Clip</li> </ul>	<ul style="list-style-type: none"> <li>• Open-Ended Questions</li> <li>• Bloom's Taxonomy</li> <li>• Preview Chapter 3 (Memory)</li> </ul>
	Wed 5/1/13	<ul style="list-style-type: none"> <li>• Memory Application Exercise</li> </ul> <b>Note Taking</b> <ul style="list-style-type: none"> <li>• Chapter 5 - Notes</li> </ul>	<b>Paper #1 – First Draft due to partner</b> (Exchange papers and edit outside of class time)

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		<ul style="list-style-type: none"> <li>Note Taking Practice</li> <li>Discuss “<b>Informational Interview</b>” Assignment (Listed under “Research Skills” website)</li> </ul>	<ul style="list-style-type: none"> <li><b>Schedule appointment with Tutoring Center or Writing Center</b> to have Paper 1 edited (<i>see instruction sheets</i>)</li> <li><b>Prepare for Memory Application Assignment</b></li> <li><b>Memory Application Assignment Worksheet</b></li> <li>Bring USB Flash drive (<i>or paper and pen</i>) for note taking</li> <li>Preview Chapter 5 (Notes)</li> </ul>
	Friday 5/6/13	<b>Last day to withdraw from class</b> (After this date you will receive a letter grade!)	
<u>11</u>	Mon 5/8/13	<ul style="list-style-type: none"> <li>Discuss Research Project (Listed under “Final Projects” Website)</li> </ul> <p><b>Reading</b></p> <ul style="list-style-type: none"> <li>Chapter 4 - Reading</li> <li><b>Muscle Reading Applied (MRA)</b></li> </ul> <p>Work in groups for Muscle Reading Applied</p>	<ul style="list-style-type: none"> <li><b>Exchange Edited Paper #1s</b> outside of class time – Revise and create Draft 2</li> <li><b>Practice Notes</b> (<i>submitted with handout in two different formats: Outline, Mind Map, or Cornell</i>)</li> <li>Preview Chapter 4 (Reading)</li> <li>Schedule Informational Interview appointment with Interviewee</li> </ul>
	Wed 5/8/13	<p><b>Reading (cont’d)</b> <b>Muscle Reading Applied:</b> (Choice Chapter Presented)</p> <p><b>Tests</b></p> <ul style="list-style-type: none"> <li>Chapter 6 – Tests</li> <li>Predicting Test Questions</li> </ul>	<ul style="list-style-type: none"> <li><b>Draft #2 – Paper #1 due to editor</b> (Tutoring or Writing Centers) – done outside of class time</li> <li>Prepare for MRA Presentation</li> <li>Preview Chapter 6 (Tests)</li> </ul>
<u>13</u>	Mon 5/13/13	<p><b>Tests</b></p> <ul style="list-style-type: none"> <li>Questions Shared</li> <li>Test 2 Review</li> </ul>	<ul style="list-style-type: none"> <li>Finish Paper #1 – revise third draft outside of class time</li> <li><b>Muscle Reading Applied</b> (<i>turn in assignment pages after presenting chapter</i>)</li> <li><b>Predicting Test Questions</b> (<i>Questions completed and compiled for group. Group representative selected, and ready to present the group’s questions by start of class period.</i>)</li> <li>Prepare for Test 2 – (<i>Hold on to homework &amp; use for studying</i>)</li> </ul>

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			<ul style="list-style-type: none"> <li>Informational Interview – appointment set</li> </ul>
	Wed 5/15/13	<ul style="list-style-type: none"> <li><b>Test 2</b></li> <li><b>Section 5: Final Projects</b></li> <li><b>Group Project</b></li> <li>Work on project</li> </ul>	<ul style="list-style-type: none"> <li><b>Final Draft of Paper #1 Due (see instructions for submission guidelines)</b></li> <li><b>Predicting Test Questions</b> Assignment</li> <li>Turn in all homework held for Test 2</li> <li>Bring Scantron #882-E</li> <li>Assign Project Teams (<i>in class</i>)</li> </ul>
<u>13</u>	Mon 5/20/13	<b>Section 4: Research Skills</b> <ul style="list-style-type: none"> <li>Understanding Career Research &amp; Reporting Process</li> <li><b>Career Research Project</b></li> <li>Researching Career Interests (<i>Using Appropriate Resources</i>)</li> <li><i>Work on projects</i></li> </ul>	<ul style="list-style-type: none"> <li>Work on project</li> <li>Begin research for Research Project</li> </ul>
	Wed 5/22/13	<ul style="list-style-type: none"> <li><b>Group Project Presentations</b></li> </ul>	<ul style="list-style-type: none"> <li>Work on group project</li> <li>Work on research project</li> <li><b>Vocabulary Building (EC)*</b></li> </ul>
<u>14</u>	Mon 5/27/13	<i>Holiday – Memorial Day No Class</i>	<ul style="list-style-type: none"> <li><b>Projects ready to present</b></li> <li>Work on Research Project</li> </ul>
	Wed 5/29/13	<ul style="list-style-type: none"> <li>Understanding Education</li> <li>School Research (EC)*</li> <li><b>Educational Goals Worksheet</b></li> </ul>	<ul style="list-style-type: none"> <li><b>Group Project Presentation</b> Assignment</li> <li><b>Informational Interview</b> Assignment</li> <li>Work on Research Project</li> </ul>
<u>15</u>	Mon 6/3/13	<ul style="list-style-type: none"> <li>Work on Research Project</li> </ul>	<ul style="list-style-type: none"> <li>Work on Research Project</li> </ul>
	Wed 6/5/13	<ul style="list-style-type: none"> <li>Research Project - <ul style="list-style-type: none"> <li><b>Presentations</b></li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li><b>Educational Goals Worksheet</b></li> <li><b>School Research Assignment (EC)*</b></li> <li>Finish draft of Research Project</li> <li>For PowerPoint Presentations – bring printout</li> </ul>
<u>16</u>	Mon 6/10/13	<p style="text-align: center;"><b><u>Final Exam</u></b> <b>4:30pm –7:00pm</b></p> <ul style="list-style-type: none"> <li>Post-Test: Article Response</li> <li><b>Final Exam</b></li> <li>Complete surveys</li> <li>Turn in Research Project</li> </ul>	<ul style="list-style-type: none"> <li>Revise Paper #2 based on edits</li> <li><b>Turn in completed paper / project</b></li> <li><b>Prepare for Final</b></li> <li>Bring Scantron #882-E</li> </ul>
	Wed 6/12/13	<b><u>NO CLASS – FINALS WEEK</u></b>	

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