

What thought comes to mind when you think of:

Goal Setting

Perceivers

1. _____

2. _____

3. _____

4. _____

5. _____

6. _____

7. _____

8. _____

9. _____

Judgers

1. _____

2. _____

3. _____

4. _____

5. _____

6. _____

7. _____

8. _____

9. _____

What thought comes to mind when you think of:

Goal Setting

Perceivers

1. Pain & Suffering
2. Difficult
3. Work
4. Blood & Sweat
5. Headache
6. Is it worth it?
7. Stress
8. Needs a good prize

Judgers

1. Good thing
2. Common Sense –
Why talk about it?
3. How much time?
4. Keep going
5. Must be organized
6. What do I need to do?
7. Quick – not interrupt
8. Concentrate