

Multiple Intelligences

Self-Awareness: Learning Style Inventories

Name: _____

Multiple Intelligences

Point of This Assignment: To understand the theory of Multiple Intelligences, how they impact learning, identify which intelligence(s) you have, and to identify some study strategies that are helpful for your intelligences.

Step 1: Read the section on Multiple Intelligences on the next few pages.

Step 2: As you read the description of these intelligences and try to recognize where are your natural strengths. Then mark your top intelligences below in the order in which you believe they most dominate:

Intelligence 1: _____

Intelligence 2: _____

Intelligence 3: _____ (optional)

Step 3: Review the pages for possible Learning Strategies for your dominant intelligence.

Step 4: List some of the Common Characteristics (**see Column 2**) for your dominant intelligences:

Step 5: List some of the suggested Learning Strategies (**see Column 3**) for your dominant intelligences that are new to you and that you think may work for you.

Test your understanding:

What is the main point of this assignment?

Why were you expected to do this exercise?

What type of person would need to do this exercise?

How well do you fit the profile of the person for whom this assignment was created?

Reflection: (*Write down your response after completing this assignment.*)

Multiple Intelligences

1	2	3	4
<u>Intelligence</u>	<u>Possible Characteristics</u>	<u>Possible Learning Strategies</u>	<u>Possible Careers</u>
Verbal/ Linguistic*	<ul style="list-style-type: none"> You enjoy writing letters, stories, and papers. You prefer to write directions down rather than draw maps. You take excellent notes from textbooks and lectures. You enjoy reading, telling stories, and listening to them. 	<ul style="list-style-type: none"> Highlight, underline, and write other notes in your textbooks. Recite new ideas in your own words. Rewrite and edit your class notes. Talk to other people often about what you're studying. 	<ul style="list-style-type: none"> Librarian Lawyer Editor Journalist English teacher Radio or television announcer
Mathematical/ Logical*	<ul style="list-style-type: none"> You enjoy solving puzzles. You prefer math or science class over English class. You want to know how and why things work. You make careful step-by-step plans. 	<ul style="list-style-type: none"> Analyze tasks into a sequence of steps Group concepts into categories and look for underlying patterns. Convert text (words) into tables, charts, and graphs. Look for ways to quantify ideas – to express them in numerical terms. 	<ul style="list-style-type: none"> Accountant Auditor Tax Preparer Mathematician Computer Programmer Actuary Economist Math or Science Teacher
Visual/ Spatial	<ul style="list-style-type: none"> You draw pictures to give an example or clarify an explanation. You understand maps and illustrations more readily than text. You assemble things from illustrations. You especially enjoy books that have a lot of illustrations 	<ul style="list-style-type: none"> When taking notes, create concept maps, mind maps, and other visuals (see Chapter 5). Code your notes by using different colors to highlight main topics, major points, and key details. When your attention wanders, focus it by sketching or drawing. Before you try a new task, visualize yourself doing it well. 	<ul style="list-style-type: none"> Architect Commercial Artist Fine Artist Graphic Designer Photographer Interior Decorator Engineer Cartographer
Bodily/ Kinesthetic	<ul style="list-style-type: none"> You enjoy physical exercise. You tend not to sit still for long periods of time. You enjoy working with your hands. You use a lot of gestures when talking. 	<ul style="list-style-type: none"> Be active in ways that support connection (pace, read while standing, create flashcards). Carry materials with you and practice studying in different locations. Create hands-on activities related to key concepts (i.e. create a board game). 	<ul style="list-style-type: none"> Physical Education Teacher Athlete Athletic Coach Physical Therapist Chiropractor, Massage Therapist Yoga Teacher Dancer, Choreographer, Actor

**IQ Tests (Intelligence Quota) are usually designed to measure these types of intelligences only.*

Multiple Intelligences

<u>Type of Intelligence</u>	<u>Possible Characteristics</u>	<u>Possible Learning Strategies</u>	<u>Possible Careers</u>
Musical/ Rhythmic	<ul style="list-style-type: none"> ▪ You often sing in the car or shower. ▪ You easily tap your feet to the beat of a song. ▪ You play musical a instrument. ▪ You feel most engaged and productive when music is playing. 	<ul style="list-style-type: none"> ▪ During a study break, play music or dance to restore energy. ▪ Put on background music that enhances your concentration while studying. ▪ Relate key concepts to songs you know. ▪ Write your own songs based on course content. 	<ul style="list-style-type: none"> ▪ Professional Musician ▪ Music Teacher ▪ Music Therapist ▪ Choral Director ▪ Musical Instrument Sales Representative ▪ Musical Instrument Maker ▪ Piano Tuner
Intrapersonal	<ul style="list-style-type: none"> ▪ You enjoy writing in a journal and being alone with your thoughts. ▪ You think a lot about what you want in the future. ▪ You prefer to work on individual projects over group projects. ▪ You take time to think things through before talking or taking action. 	<ul style="list-style-type: none"> ▪ Connect course content with your personal values and goals. ▪ Study a topic alone before attending a study group. ▪ Connect readings and lectures to a strong feeling or significant past experience. ▪ Keep a journal that relates your course work to events in your daily life. 	<ul style="list-style-type: none"> ▪ Minister, Priest, Rabbi ▪ Professor of Philosophy or Religion ▪ Counseling Psychologist ▪ Create home-based or small business
Interpersonal	<ul style="list-style-type: none"> ▪ You enjoy group work over working alone. ▪ You have plenty of friends and regularly spend time with them. ▪ You prefer talking and listening over reading or writing ▪ You thrive in positions of leadership 	<ul style="list-style-type: none"> ▪ Form and conduct study groups early in the term. ▪ Create flash cards and use them to quiz study partners. ▪ Volunteer to give a speech or lead group presentations on course topics. ▪ Teach the topic you're studying to someone else. 	<ul style="list-style-type: none"> ▪ Manager ▪ School Administrator ▪ Salesperson ▪ Teacher ▪ Counseling Psychologist ▪ Arbitrator ▪ Police Officer ▪ Nurse ▪ Travel Agent ▪ Public Relations Specialist ▪ Creator of a mid-size to large business
Naturalist	<ul style="list-style-type: none"> ▪ As a child, you enjoyed collecting insects, leaves, or other natural objects. ▪ You enjoy being outdoors. ▪ You find that important insights occur during times you spend in nature. ▪ You read books and magazines on nature-related topics. 	<ul style="list-style-type: none"> ▪ During study breaks, take walks outside. ▪ Post pictures of outdoor scenes where you study and play recordings of outdoor sounds while you read. ▪ Invite classmates to discuss course work while taking a hike or going on a camping trip. ▪ Focus on careers that hold potential for working outdoors. 	<ul style="list-style-type: none"> ▪ Environmental Activist ▪ Park Ranger ▪ Recreation Supervisor ▪ Historian, Museum Curator ▪ Biologist ▪ Criminologist ▪ Mechanic, Woodworker ▪ Construction Worker ▪ Construction Contractor ▪ Estimator

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