

Point of the Assignment: To give you practice applying the Muscle Reading process as you read through a chapter in the book.

Reading Assignment:

Muscle Reading Applied
(Choice Chapter)

Now that you have learned about Muscle Reading, you are going to apply the concept to help you reinforce what you have just learned. In order to do this, you will use the Muscle Reading techniques to prepare yourselves for an upcoming assignment – Presenting a Choice Chapter.

In your Temperament groups, you will work together to present the main points of one of the following chapters:

- | | | |
|--------------------------------|------------|--------------|
| <u>Communicating</u> -- | Chapter 8 | Group: _____ |
| <u>Diversity</u> -- | Chapter 9 | Group: _____ |
| <u>Money</u> -- | Chapter 10 | Group: _____ |
| <u>What’s Next</u> - | Chapter 12 | Group: _____ |
| <u>Thinking</u> - | Chapter 7 | Group: _____ |

Once you have identified which topic your group is going to present, arrange a time to get together to discuss how you are going to present this information.

By next class period, complete and turn in the following:

Step 1: Preview your topic:

- Flip through the pages of that chapter/section.
- Keep it short.
- Keep an eye out for summary statements.
- Read all of the chapter headings and subheadings.
- Look for familiar concepts and facts.
- **Don’t** memorize the text.

Step 2: Outline:

- Take time to understand the structure of what you are about to read.
- Study any chapter outline the textbook offers.
- *Hint: I suggest that, as a group, you break down the whole chapter into the different subheadings (parts). Have different people assume responsibility for learning and presenting the different subheadings.*
- Consider that headings in the text may serve as major and minor entries in your outline.
- The amount of time you spend on this will vary based on the nature of the material.
 - Part of critical thinking is deciding what is important, and what can be skipped. **You only have 10 minutes for the entire group to summarize the entire chapter**, so you will need to be selective in deciding what to present. – You may choose to skip some topics because they aren't very important. You can also choose to “gloss over” things that seem to be common sense.

Step 3: Question:

- Determine what you want to learn from an assignment.
- Turn chapter headings and subheadings into questions.
- If you can't answer your questions, ask yourself if you understood the terms and concepts in the reading material or if you asked the right questions.
- Have fun with the technique – make questions playful or creative.
- Remember, the purpose of making up questions is to get your brain involved in the assignment.
- If you do not understand a concept, write specific questions about it.

Outline your topic:

(Attach your outline on a separate piece of paper.)

Use this space to generate questions about your topic:

Q1: _____

Q2: _____

Q3: _____

READ the topic:

Now, go through the chapter and read everything on the topic. See if what you are reading lines up with what you outlined. Use this reading time to find answers to the questions you wrote above.

A1: _____

A2: _____

A3: _____

Muscle Reading - Applied

Now answer the following:

How much did you know before reading the topic? _____

What new information did you learn? _____

How did doing the muscle reading exercise help you? _____

Now that you have the topic outlined, how comfortable do you feel that you know what information you should to present to the class? _____

Without looking back at what you just wrote, quickly write down a concept that you learned from doing this exercise. _____

Now that you completed this assignment, you are ready to get together with your study partners to discuss what should be covered in your presentation. So, be sure to hold on to this assignment. **Everybody must take turns presenting the material!!!**

Test your understanding:

What is the main point of this assignment?

Why were you expected to do this exercise?

What type of person would need to do this exercise?

How well do you fit the profile of the person for whom this assignment was created?

Reflection: *(Write down your response after completing this assignment.)*
