

# So How Do You Find and Get Your Dream Job or Career?

*It's a process and journey that only you can take*

## **Phase 1: Self Awareness** *(Getting to know yourself)*

- **Personality** (How you are wired will affect how you respond to the world and your job.)
- **Abilities** (What you do well and don't do well will impact your success at what you attempt to do.)
- **Interests** (What are your passions that fuel your motivation?)
- **Values** (What is important to you will affect your choices and your success. )
- **Skills** (What do you want to do?)
  - **Technical** (What skills do you want to use to do a specific job?)
  - **Transferrable** (What skills do you want to take with you from job to job and career to career?)
- Preferred **Learning Styles** (How you best learn will affect your success.)
- **Life Patterns** (What do the patterns and themes of your life reveal? Seek freedom, knowledge, security, peace, support, etc.)



## **Phase 2: Options Exploration** *(What options are good for you based on who you are?)*

- **Explore** your options (What kinds of jobs reflect your personality, abilities, interests, values, skills, and learning styles?)
  - What kind of working environments fit you? (Stable, hands-on, adventurous, creative, nurturing, goal-oriented, etc.)
- **Research** your options (Learn about your choices)
  - What is the job like? (Skills and education needed, working conditions, labor market trends, positive and negative traits)
- **Education** — How much schooling is required to get this job? (H.S. Diploma, Certificate, AA, BS, MS, Ph.D., etc.)
  - What schools offer this kind of education / training? (Colleges, universities, trade schools, etc.)
  - What subjects will you need to study and what skills do you need to learn? (Business, social science, biology, art, etc.)
  - How do you prepare for this education / training program? (Prep classes, entrance exams, references, etc.)

## **Phase 3: Reflection** *(What do you think of this information?)*

- How well does this goal **reflect you**? (Well, not at all, somewhat)
- What are the **good things** about this goal? (Rewarding career, good pay, stable outlook, etc.)
- What are the **negative things** about this goal? (High stress and burn out, unstable opportunities, too much education, etc.)
- What is your **response** to what you learned? (How is your “inner voice” speaking to you? Yes, No, or Maybe, etc.)
- What are your **next steps**? (Set goals, create an education plan, develop job search skills, identify new prospects, etc.)
- **Seek help** from education and/or career counselors /advisors (Professionals who can help you make wise choices)
- **Revise goals** as appropriate (New and relevant information, good opportunities, changes in labor market trends, etc.)

## **Phase 4: Decision Implementation** *(Setting long-term and short-term goals)*

- **Education**
  - Set your **educational goals** (What do you want to learn, where do you want to go to school, highest level to pursue)
  - Identify what you **need to do** to get in (Take assessments and prep classes, provide transcripts, biography, etc.)
  - Develop an **education plan** (Identify classes you need to take and the order in which you need to take them)
  - **Succeed** in school (Develop good study habits, seek professional help, find support, learn to navigate helpful resources)
- **Career**
  - **Identify** Entry-Level and Transition jobs that will prepare you for your dream job (While you are still learning)
  - Develop good **Job-Search Skills** (Finding leads, networking, resumes, on-line presence, interviewing, and negotiating, etc.)
  - Get **Entry-Level Job** (While you are still learning)
  - Identify **Transition Jobs** (While you are still in your Entry-Level job)

## **Phase 5: Re-evaluation & Renegotiation** *(Respond to life by revising plans as needed while on your journey)*

- **Re-evaluate**—What have you learned about your self and your goals based on what happened?
- **Renegotiate** — Set and achieve new goals based on re-evaluation of self and circumstances