STDY 80: Studying & Learning	Name:
Self Awareness – Optional Assessments	Date:
1	

## **Strong Interest Inventory**

**Point of the Assignment:** To help you to identify what interests you have in potential jobs/careers.

Your interests represent work activities and environments and potential skills that you would like to use in your job. Note that interests can change significantly with age and life experience.

**Step 1:** You have already taken the Strong Interest Inventory (SII). Review your report results.

**Step 2:** Identify your General Occupational Themes (GOTs): (see Page 2)

Theme	Code	Theme Name	Work Activities	Potential Skills
1				
2				
3				

Step 3: What is your Theme Code (3-letter code found on the middle of page).

**Step 4:** Identify your Top Interest Areas (BIC) (See Section 2, Page 3)

Theme	Occupation	Code	Interest Level
1			
2			
3			
4			
5			

**Step 5:** Identify your Occupational Scales (OC) (See Section 3, Page 4)

Theme	Occupation	Code	Score (See page 5-7)
1			
2			
3			
4			
5			
6			
7			
8			
9			
10			

Step 6:	Identify your Personal Styles (PS) (Se	ee Section 4, Page 8) What does this report reveal to you
	about the following?	
	1. Work Style	
	2. Learning Environment	
	3. Leadership Style	
	4. <b>Risk Taking</b> (comfort level)	
	5. Team Orientation	

	Campus Organizations	Internships/Job Settings	College Courses
e <b>p 8:</b>		How much do you agree with the re If no, specify how you disagree wi	
<u>Step 9:</u>	Based on the information provided in this report, list 2 – 3 different occupations you want to learn more about in future assignments:		
	2		

۷٠	
3	
Test your understanding What is the main point	
Why were you expecte	d to do this exercise?
What type of person w	ould need to do this exercise?
How well do you fit the	e profile of the person for whom this assignment was created?
Reflection: (Write down	n your response after completing this assignment.)